

Ohkay Owingeh Community School

Breakfast/Lunch Menu

November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>---This institution is an equal opportunity provider.</p> <p>---Menu is subject to change.</p>			<p>1. All Souls Day</p> <p>No School</p>	<p>2. All Saint's Day</p> <p>No School</p>
<p>5. PB & J Sandwich Apples Juice</p>	<p>6. WG Cereal Yogurt Mandarin Oranges Juice</p>	<p>7. Blueberry Muffin Apples Juice</p>	<p>8. Country Potatoes WW Toast Fruit Cocktail Juice</p>	<p>9. Biscuit sausage gravy Pineapples Juice</p>
<p>Philly Cheese Steak Baked Beans Pineapple</p>	<p>Macaroni w/meat sauce Mixed Vegetables WW Bread Plums</p>	<p>Roast Beef Cheese Sandwich Celery w/ranch Pears</p>	<p>Beef Vegetable Stew WW Biscuit Cucumbers w/ranch Peaches</p>	<p>Chicken Enchiladas Tossed Salad w/ranch WW Tortilla Oranges</p>
<p>12. Veterans Day</p>  <p>No School</p>	<p>13. Scrambled Eggs WW Toast Peaches Juice</p>	<p>14. WG Cereal Apples Juice</p>	<p>15. Quesadilla Fruit Cocktail Juice</p>	<p>16. Oatmeal Pears Juice</p>
<p>19. Breakfast Burrito Peaches Juice</p>	<p>20. Sausage Croissant Apples Juice</p>	<p>21.</p> 	<p>22.</p>	<p>23.</p>
<p>Chili Beans Corn Bread Green Beans Peaches</p>	<p>Roast Pork Mashed Potatoes w/gravy Peas & Carrots WW Roll Pears</p>		<p>26. Blueberry Waffles Pineapple Juice</p>	<p>27. Malt O Meal Plums Juice</p>
<p>Baked Tilapia WG Rice Mixed Vegetables Pineapple</p>	<p>Spaghetti w/meat sauce Garlic Bread Peas Applesauce</p>	<p>Turkey Sandwich w/cheese Chicken Noodle Soup Carrots w/ranch Apples</p>	<p>29. Egg/Cheese McMuffin Applesauce Graham Crackers Juice</p>	<p>30. Yogurt Parfait Oatmeal Mixed Berries Juice</p>
<p>Baked Tilapia WG Rice Mixed Vegetables Pineapple</p>	<p>Spaghetti w/meat sauce Garlic Bread Peas Applesauce</p>	<p>Turkey Sandwich w/cheese Chicken Noodle Soup Carrots w/ranch Apples</p>	<p>Beef Tacos Lettuce, tom., cheese Salsa Corn Fruit Cocktail</p>	<p>Cheeseburgers Lettuce, tomatoes Fries Celery w/ranch Fruit</p>

MILK IS SERVED FOR BREAKFAST/LUNCH DAILY.