



OHKAY OWINGEH COMMUNITY SCHOOL

Breakfast/Lunch Menu

April 2019



Monday	Tuesday	Wednesday	Thursday	Friday
1. Pancakes Bacon Fruit Juice	2. Egg Sandwich Applesauce Juice	3. Biscuit Sausage, cheese Apricots Juice	4. PB & J Sandwich Apples Juice	5. WG Cereal Yogurt Mandarin Oranges Juice
Ham & Cheese Vegetable Soup Carrots w/ranch Fruit Cocktail	Pepperoni Pizza Salad w/ranch Applesauce w/graham crackers Peaches	Beef Patty Mashed Potatoes w/gravy Corn WW Roll Mandarin Oranges	Philly Cheese Steak Baked Beans Pineapple	Macaroni w/meat sauce Mixed Vegetables WW Bread Plums
8. Blueberry Muffin Apples Juice	9. Country Potatoes WW Toast Fruit Cocktail Juice	10. Biscuit sausage gravy Pineapples Juice	11. Scrambled Eggs WW Toast Peaches Juice	12. WG Cereal Apples Juice
Roast Beef Sandwich Celery w/ranch Pears	Beef Vegetable Stew WW Biscuit Cucumbers w/ranch Peaches	Chicken Enchiladas Salad w/ranch WW Tortilla Oranges	Sloppy Joes Corn Fruit Cocktail	Grilled Cheese Tomato Soup Mandarin Oranges
15. Oatmeal Pears Juice	16. Breakfast Burrito Peaches Juice	17. Sausage Croissant Apples Juice	18. Blueberry Waffles Pineapple Juice	GOOD FRIDAY NO SCHOOL
Chicken Strips Celery w/ranch WW Bread Mandarin Oranges	Chili Beans Corn Bread Green Beans Peaches	Roast Pork Mashed Potatoes w/gravy Peas & Carrots WW Roll Pears	Baked Tilapia WG Rice Mixed Vegetables Pineapple	
22.	23.	24.	25.	26.
<h1 style="color: gold;">Easter Break No School</h1>				
29. Malt O Meal Plums Juice	30. WG Cereal Apricots Juice			---This institution is an equal opportunity provider. ---Menu is subject to change.
Spaghetti w/meat sauce Garlic Bread Peas Applesauce	Turkey Sandwich w/cheese Chicken Noodle Soup Carrots w/ranch Apples			

MILK IS SERVED FOR BREAKFAST/LUNCH DAILY.