





# OHKAY OWINGEH COMMUNITY SCHOOL

## BREAKFAST/LUNCH MENU

March 2020

Happy Saint Patrick's Day



Monday		Tuesday		Wednesday		Thursday		Friday	
2 Country Potatoes WW Toast Fruit Cocktail Juice Milk	Beef Stew w/veggies WW Biscuit Cucumbers w/ranch Peaches Milk	3 Biscuit & Gravy Pineapples Juice Milk	Chicken Enchiladas Salad w/ranch WW Tortilla Oranges Milk	4 Scrambled Eggs WW Toast Peaches Juice Milk	Sloppy Joes Corn Fruit Cocktail Milk	5 Quesadilla Fruit Cocktail Juice Milk	Steak Fingers Mashed Potatoes w/gravy Green Beans WW Roll Apples Milk	6 WG Cereal Apples Juice Milk	Grilled Cheese Tomato Soup Mandarin Oranges Milk
9 Oatmeal Pears Juice Milk	Chicken Nuggets Celery Sticks w/ranch Applesauce WW Bread Milk	10 Breakfast Burrito Egg, Chez, Sausage Peaches Juice Milk	Chili Beans Corn Bread Green Beans Peaches Milk	11 		12 <b>No School Spring Break!</b>		13 	
16 Croissant w/sausage, chez Apples Juice Milk	Roast Pork Mashed Potatoes w/gravy Peas & Carrots WW Roll Pears Milk	17 Malt O' Meal Plums Juice Milk	 Spaghetti w/meat sauce Garlic Bread Peas Applesauce Milk	18 WG Cereal Apricots Juice Milk	Turkey Cheese Sandwich Carrot Sticks w/ranch Apples Milk	19 English Muffin w/egg, cheese Apple Sauce w/graham crackers Juice Milk	Beef Tacos w/garnish Corn Fruit Cocktail Milk	20 <b>PARENT-TEACHER CONFERENCES</b> 	
23 Egg Frittata WW Toast Oranges Juice Milk	Tuna Sandwich Cucumbers w/ranch Oranges Milk	24 WG Cereal Apples w/peanut butter Juice Milk	Red Enchiladas Tossed Salad w/ranch WW Tortilla Plums Milk	25 Oatmeal Peaches Juice Milk	BBQ Chicken Mashed Potatoes w/gravy WW Roll Peas Oranges Milk	26 French Toast w/syrup Strawberries Juice Milk	Frito Pies w/garnish Corn WW Tortilla Cantaloupe Milk	27 Blueberry Pancakes Pineapple Juice Milk	Baked Tilapia WG Rice Mixed Vegetables Pineapple Milk
30 Breakfast Burrito Fruit Cocktail Juice Milk	Mac & Cheese Green Beans WW Biscuit Pears Milk	31 Scrambled Eggs WW Toast Peaches Juice Milk	Chicken Quesadilla Salad w/ranch Apricots Milk					---This institution is an equal opportunity provider.  ---Menu is subject to change.	