

OOCS OCTOBER 2023 LUNCH MENU

	*		Milk	Fruit/Milk
		7	Corn	Veggies
		1	Bean Burritos	Garbonzo Stew
			31	30
,	Milk	Fruit/Milk	Fruit/Milk	Fruit/Milk
Apple/Milk	Jell-O w/Fruit	Veggies	Green Beans	w/Gravy, Veggies
Celery Sticks w/Ranch	WW Crackers	Mashed Potatoes	Corn Bread	Mashed Potatoes
Turkey & Cheese	Ham Salad w/Ranch	BBQ Chicken	Chili Beans	Beef Patty
27	26	25	24	23
	Milk	Jell-O/Milk	Applesauce/Milk	Fruit/Milk
	Tropical Fruit	Fry Bread	w/Gravy, Peas	Tortilla
CONFERENCES	Corn	Veggies	Mashed Potatoes	Mixed Veggies
	Chicken Fajitas	Posole	Steak Fingers	Red Enchiladas
20	19	18	17	16
	Fruit/Milk	Milk	Milk	BREAK
Fruit/Milk	Biscuits	Pineapple	Apples	FALL
Carrot Sticks w/Ranch	Peas	Corn	Baked Beans	SCHOOL
Ham & Cheese	Chicken & Rice	Taco Salad	Fry Bread Burger	NO
13	12	11	10	9
	BREAK	Milk	Milk	Fruit/Milk
	FALL	Fruit	Pears	Corn
	SCHOOL	Salad w/ranch	Green Beans	w/Trimmings
	NO	Chicken Quesadilla	Mac & Cheese	Beef Tacos
6	v	4	3	2
	THURSDAY	WEDNESDAY	TUESDAY	MONDAY